



CAPITAL CITY Senior Games RECORDS



SWIMMING - FREESTYLE WOMEN

50 yd

AGE	NAME	RECORD
50-54	Gretchen Deyoung	33.41 2012
55-59	Mary Tappen	30.91 2014
60-64	Paige Gill	29.75 2023
65-69	Mary Moak	34.75 2021
70-74	Barbara Goltz	37.49 2017
75-79	Lois Johnson	44.43 2024
80-84		
85-89	Patsy Cox	1:24.96 2019
90+		

100 yd

AGE	NAME	RECORD
50-54	Annie Bowman	1:10.29 2019
55-59	Mary Jane Tappen	1:16.2 2014
60-64	Jaquinn Griffith	1:10.10 2021
65-69	Jaquinn Griffith	1:12.18 2023
70-74	Barbara Goltz	1:23:25 2017
75-79	Lois Johnson	1:36.90 2023
80-84	Margarete Deckert	2:44.1 2013
85-89		
90+	Betty Lorenzi	2:02.70 2018

200 yd

AGE	NAME	RECORD
50-54	Kathy McDaris	3:20.3 2010
55-59	Bonnie Wright	2:42.5 2014
60-64	Jaquinn Griffith	2:30.87 2022
65-69	Bonnie Wright	2:59.27 2021
70-74	Barbara Goltz	3:04:08 2017
75-79	Lois Johnson	3:35.83 2024
80-84	Christine Hazelip	6:22.33 2018
85-89		
90+		

500 yd

AGE	NAME	RECORD
50-54	Jullie Clark	7:51.5 2012
55-59	Bonnie Wright	7:18.9 2014
60-64	Jaquinn Griffith	6:58.01 2021
65-69	Bonnie Wright	7:43.91 2021
70-74	Sara Gargiulo	8:15.69 2024
75-79	Judy Paukert	9:55.49 2023
80-84		
85-89		
90+		